

## Security and Wellbeing

At ILGA-Europe, we view security support in a holistic manner, encompassing security (including digital security), wellbeing and emergency advocacy as areas of support that contribute to the resilience of teams proactively and in times of distress.



Photo by [José Maria Sava](#)

We support targeted, time-bound advocacy campaigns to respond to threats or attacks on LGBTI human rights and human rights work, as well as assistance for individual victims or communities connected to funded advocacy campaigns.

Our security work is focused on both proactive and reactive actions. Proactive measures include general and

specific capacity building events, as well as connecting activists to our allies in digital security or security areas for specific policy development, or other organisational tools aimed at enhancing organisational security.

Reactively, we provide support to those activists, groups or organisations experiencing distress or crisis through temporary relocation (by referring them to our partners), physical measures aimed at mitigating security crisis (installation of doors, cameras and other equipment), as well as providing legal and psychological counselling.

Wellbeing work is being conducted through specific capacity building events and consultations for organisations with dedicated specialists.

Proactive and reactive advocacy, security and wellbeing work is conducted by ILGA-Europe using a combination of in-house expertise, collaborations with experts and dedicated organisations as well as by issuing small emergency grants through our Dignity for All programme.

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To find out more about our Security and Wellbeing work, contact Senior Programmes & Policy Officer, Iulia [here](#).

## See also



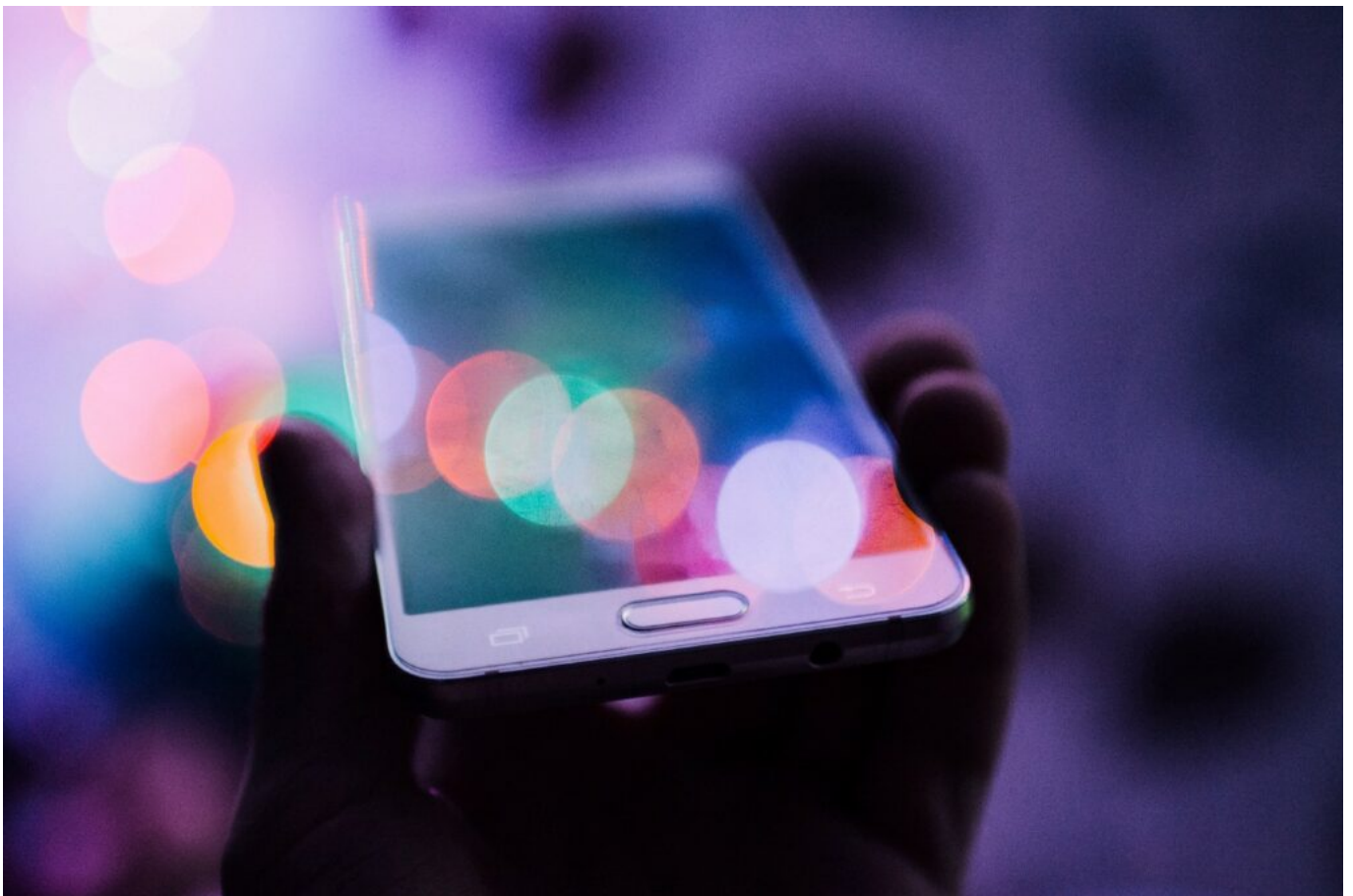
News

12.04.2021

## **Join The Hub, ILGA-Europe's free Resource Sharing Centre for LGBTI activists in Europe and Central Asia**

Today we are publicly launching The Hub – ILGA-Europe's free Resource Sharing Centre for LGBTI activists in Europe and Central Asia.

[read more](#)



[Blog](#)

01.04.2020

## COVID-19 and digital security: How LGBTI activists can safely work online

While the opponents of LGBTI equality might also be overwhelmed with COVID-19 and focus their attention less on LGBTI groups right now, the digital footprints we leave today will still be around for a long time to come, which could make us more vulnerable after the crisis is over. So, now that most of our activities have moved online, how do we stay safe and secure? Here are tools and tips from the ILGA-Europe Programmes & Policy team.

[read more](#)



Report

01.09.2006

## **Prides against Prejudice. A toolkit for pride organising in a hostile environment**

This toolkit is intended to provide ideas and information resources for those wanting to organise Pride events in a hostile environment. The need for it [...]

[read more](#)



Blog

10.10.2020

## **Mental Health: Dealing With Stress as an LGBTI activist**

2020 has drastically altered our daily lives and as an activist it's easy to put your mental health and wellbeing on the back burner, while you get on with other hugely pressing priorities. On top of this, LGBTI activists can suffer from particular mental health stresses that stream from discrimination, LGBTIphobia, and the uphill battle that working to secure our rights and equality can be. To mark World Mental Health Day, this blog brings you some tools to help you cope with challenges that come your way.

[read more](#)



Campaign

05.10.2017

## Q&A with Mental Health Europe

As part of our Come Out for Mental Health campaign, we spoke to our friends at Mental Health Europe about some of the challenges that LGBTI people [...]

[read more](#)





Podcast

10.10.2021

**The Frontline: The LGBTI Activist Wellbeing Challenge**

While a number of organisations and groups have already taken concrete steps to address wellbeing, there's no golden rule on how to approach these challenges. In [...]

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Report

01.06.2006

## Handbook on Observations of Pride Marches

This Handbook, published in June 2006, has been designed for people and organisations who are thinking of monitoring human rights abuses occurring during Pride marches. [...]

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