

## ILGA-Europe's key demands for ensuring the enjoyment of the right to health and access to health without discrimination

Policy Paper, Health, Anti-discrimination, Depathologisation

Position on the right to the highest attainable standard of health of lesbian, gay, bisexual, trans and intersex (LGBTI) people

ILGA-Europe advocates for policies and laws that fully respect, protect and fulfill the right to health of LGBTI people. This implies not only negative obligations (prohibiting policies that violate the physical integrity of LGBTI people) but also positive measures (facilitating access to services, promoting healthy behaviours, etc.).

Therefore, ILGA-Europe calls for the removal of all discriminatory legislation, policies and practices in the area of health. LGBTI people must have access to appropriate and patient-centered healthcare systems that fully meet their health needs.

The identities of LGBTI people should not be pathologised or their bodies medicalised. Individuals who need or wish specific treatments should be informed about their long-term consequences, and those treatments should then be made accessible and affordable.

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