

## The Frontline: Navigating Team Wellbeing

In this special two-part series of The Frontline, we dive into a super important topic for LGBTI activists: what happens when concerns around wellbeing shift from the individual to the collective in our organisations.

[Podcast, Wellbeing](#)

Joining us to discuss the ins and outs organisational wellbeing us are three expert guests who bring diverse perspectives and deep experience in the field: Nino Kharchilava from [WISG, Georgia](#), who will share her insights on holistic security and care management; Suranee Abesurya, the Executive Director of [Rainbow Mind, UK](#), bringing the perspective of clinical professionals; and Elvira Meliksetyan, a wellbeing trainer from [FrontLine Defenders](#), who brings hands-on professional knowledge in fostering organisational health.

In part one, **Understanding Organisational Health**, we start at the very beginning, by looking at what organisational wellbeing actually means, and exploring how we identify group wellbeing needs. Then in part two, **Fostering a Healthy Environment**, we delve into the solutions and strategies that can be put in place to foster a supportive and healthy environment for everyone in our organisations.