Contacts if you are an LGBTI person fleeing Ukraine

If you are LGBTI who fled the war and need help, this is who you can contact

Belgium:

Czechia:
Email hotline: help@praguepride.com

Estonia:
Estonian LGBT Association: info@lgbt.ee / [https://www.lgbt.ee/ukraine-en](https://www.lgbt.ee/ukraine-en)

France:
Ardhis [https://ardhis.org/etre-aide-par-lardhis/](https://ardhis.org/etre-aide-par-lardhis/) (contact@ardhis.org)

Germany:
Guidance and help by cities:

Berlin: There is a LGBTIQ stand at Berlin Hauptbahnhof, that can be approached for any guidance
WostoQ-Regenbogen is supporting those arriving: wostoq.regenbogen@gmail.com

Munich: [https://munichkyivqueer.org/home/](https://munichkyivqueer.org/home/)

Hamburg: [https://queer-refugees-support.de/](https://queer-refugees-support.de/)

Across the country:
Quarteera is a Russian-speaking LGBTIQ group: [http://www.quarteera.de/](http://www.quarteera.de/). They can be reached out at help@quarteera.de with any request (housing, figuring out registration, health insurance etc.)


Overview over the legal situation and offers for support across Germany:

Schwulenberatung provides basic information for trans and intersex people in Russian: https://schwulenberatungberlin.de/angebote/queer-refugees/

Deutsche Aidshilfe, information about access to healthcare for refugees from the war, in Ukrainian, Russian and German: https://www.aidshilfe.de/ukrayina-dopomoga-bizhencyam

Peer counselling for sex workers fleeing the war
https://www.instagram.com/transsexworks/
https://www.instagram.com/p/CbYPtAaMBIV/?utm_medium=copy_link

Hungary:
Budapest Pride email hotline: help@budapestpride.hu or contact via signal: +36304396083

Italy:
Torino: To-Housing (Associazione Quore): segreteria@quore.org
MIT Bologna sportello.sarahhegazi@mit-italia.it Tele: 3892642210 e 366 424 4994
Arcigay: ufficio@arcigay.it / +390510957241
Arcigay Modena – migra@arcigay.it / 3386040057
Arcigay Trieste Gorizia: migranti@arcigaytrieste.it / 3494130688

PolanD:
https://ukraina.paradarownosci.eu/

Romania:
Accept Help line dedicated to Ukrainian refugees: +40 770 613 630 (also Whatsapp and Telegram)
help@acceptromania.ro
MozaiQ LGBT hotline: +40 764 109 385 / office@mozaiglbt.ro

Slovakia:
Helpline run by Košice Pride and Prizma: help@pridekosice.sk.
More info: https://www.pridekosice.sk/pomoc-pre-lgbt-utecencov-a-utecenky-z-ukrajiny/

Slovenia:
Legebitra https://legebitra.si/en/, contact Eva Grašanin: eva.grasanin@legebitra.si

Spain:

Castelló: Castelló LGBTI: https://castellolgtbi.es/ / +34696831307 / ucrania@castellolgtbi.es

Zaragoza: Somos LGTB+ Aragón: https://somosltgb.com/01somos/01contacto/

Valencia: Lambda Valencia: https://lambdavalencia.org/

UK:

Micro Rainbow at info@microrainbow.org