

Trans Depathologization
in the
International Classification of
Diseases

State of Affairs 29 Oct 2015

Aims

- trans identities ≠ mental health disorders
- Ensure access to trans-specific health care

1999:
ICD 10

2014-
2015:
Field
Testing

2018: Vote
at WHO

2014:
ICD 11
Beta

2017:
Technical
Process
Concluded



ICD 11 Beta

Chapter 05. Conditions related to sexual health

- Sexual Dysfunctions
- Gender Incongruence
 - *5A30 Gender incongruence of adolescence and adulthood*
 - *5A31 Gender incongruence of childhood*
- Changes in female genital anatomy
- Changes in male genital anatomy

ICD 11 Beta

✓ Chapter 05. Conditions related to sexual health

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- Gender Incongruence

✓ *5A30 Gender incongruence of adolescence and adulthood*

~~X~~ *5A31 Gender incongruence of childhood*

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Gender Incongruence of Adolescence and Adulthood is characterized by a marked and persistent incongruence between an individual's experienced gender and the assigned sex. The diagnosis cannot be assigned prior to the onset of puberty.

Gender Incongruence of Adolescence and Adulthood often leads to a desire to 'transition', in order to live and be accepted as a person of the experienced gender.

Establishing congruence may include hormonal treatment, surgery or other health care services to make the individual's body align, as much as desired and to the extent possible, with the experienced gender.

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GIC

Gender Incongruence of Childhood is characterized by a marked incongruence between an individual's experienced/expressed gender and the assigned sex in pre-pubertal children.

Problems with GIC

- Medically unnecessary
- Harmful pathologization of gender diversity

I'm alone in a room with a mirror wall. I'm standing in front of a coffee table with toys. Before I entered the room, my doctor gave me very clear instructions on what they expected from me. The formula was simple: pick a toy that you like and play along. Two Barbie dolls and a military gun are waiting for me to be picked up. I feel confused and sense the presence of doctors standing behind the wall waiting for me. I don't want to play with any toy, but don't want to be in this room forever. To end this experiment, I pick up the gun and fumble around a bit. I know the answer. Once I release the trigger, I'm released too. I think I passed this test well.



Problems with GIC

- Medically unnecessary
- Harmful pathologization of gender diversity
- Not focused on children's needs
- “conversion” therapy

Arguments pro GIC

- Certitude for parents
- Navigate discrimination
- Faster access to puberty blockers
- Research & publication
- Funds for specialized clinics

→ All of this can be achieved without a medical diagnosis

WPATH Membership Survey Result

Diagnosis *Gender Incongruence of Childhood*:

Pro 48% v 51% Against – **Split!**

Non-U.S.:

36% Pro v **64% Against**

Placement (in ICD):

Sexual Health v Mental Health

41% v 7,5%

Alternative Proposal

GATE Working Group: *Critique and Alternative Proposal to the “Gender Incongruence of Childhood” Category in ICD-11 (2013)*

- Details on pro & con argumentation
- Discussion of alternative option (Z-codes etc)

Strategies

Disaggregate the **ICD** revision and reform process **from** other forms of **LGBT** activism (i.e., at the UN Human Rights Council) to avoid backlash at WHO.

Strategies

- **International networking** (i.e., STP, GATE, TGEU)
- **Technical input** (i.e., ICD 11 Beta on line; submissions)
- **Visible Advocacy** (i.e., International Day of Action for Trans Depathologization).
- **Training and communications**
- **Inter-movements alliances**
- **Alliances with health providers / researches**
- **Expert papers** (i.e, published on peer review journals)
- **Research** (i.e., on national versions and uses of ICD; on bibliography).
- **Official Statements on Depathologization** (i.e., Council of Europe, OAS).
- **Legal Depathologization:** Argentina, Malta, Denmark,
- **Participation** in regional and international meetings (i.e., WPATH, EPATH)
- **Actively Monitoring the process** (i.e., field tests).

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- ICD-11 Beta Draft - Joint Linearization for Mortality and Morbidity Statistics
 - 01 Infectious diseases
 - 02 Neoplasms
 - 03 Diseases of the blood and blood-forming organs
 - 04 Disorders of the immune system
 - 05 Conditions related to sexual health
 - Sexual dysfunctions
 - Gender incongruence
 - 5A30 Gender incongruence of adolescence and adulthood
 - 5A31 Gender incongruence of childhood**
 - 5A3Y Other specified gender incongruence
 - 5A3Z Gender incongruence, unspecified
 - Changes in female genital anatomy
 - Changes in male genital anatomy
 - 5A7Y Other specified conditions related to sexual health
 - 5A7Z Conditions related to sexual health, unspecified
 - Paraphilic disorders

Foundation Id : <http://id.who.int/icd/entity/344733949>

5A31 Gender incongruence of childhood

Parent

[Gender incongruence](#)

Show all ancestors up to top

ICD-10 : F64.2

Definition

Gender incongruence of childhood is characterized by a marked incongruence between an individual's experienced/expressed gender and the assigned sex in pre-pubertal children. It includes a strong desire to be a different gender than the assigned sex; a strong dislike on the child's part of his or her sexual anatomy or anticipated secondary sex characteristics and/or a strong desire for the primary and/or anticipated secondary sex characteristics that match the experienced gender; and make-believe or fantasy play, toys, games, or activities and playmates that are typical of the experienced gender rather than the assigned sex. The incongruence must have persisted for about 2 years, and cannot be diagnosed before age 5. Gender variant behaviour and preferences alone are not sufficient for making the diagnosis.

All Index Terms

- Gender incongruence of childhood
- disorder; gender-identity or -role, childhood
- psychosexual identity disorder of childhood
- psychosexual; disorder, identity, childhood

Hide index terms

>> <http://apps.who.int/classifications/icd11>

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International Day of Action for Trans
Depathologization

STOP!

**STOP Trans Pathologization
&
STOP Pathologizing
Gender Diversity in Childhood**

Saturday October 24, 2015



STP, Internacional Campaign Stop Trans Pathologization
<http://stp2012.info> - contact@stp2012.info - stp2012@gmail.com



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The European Parliament

“Welcomes the initiative shown by the Commission in pushing for depathologisation of transgender identities in the review of the World Health Organisation's International Classification of Diseases (ICD); calls on the Commission to intensify efforts to prevent gender variance in childhood from becoming a new ICD diagnosis;”

European Parliament resolution of 8 September 2015 on the situation of fundamental rights in the European Union (2013-2014)

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Resources

- Background Information
 - Process
 - WPATH membership survey results
 - Political Support
 - Testimonies
 - TGEU's position on the ICD-reform
- >> tgeu.org/stop-trans-pathologisation**

Actions

- Alternative access models
- Political support
- Global Action Day
- Coordinate with others (STP, GATE)
- Information & Support
- Training of Professional Groups
- Liaison with EPATH (WPATH)



“Trans kids need to be listened to, we don’t have a disorder and you can’t change us!”

- Willa

#transdepath
#genderdiversity

International day of action for Trans Depathologisation
October 24, 2015

Working groups

ICD-Reform & Gender Incongruence in Childhood:

- Concerns and How to respond to them?
 - Trans community & parents,
 - Politicians,
 - Media
- LGBTI-organisations: what can we do for trans depathologization?

Resolution:

- How to implement the resolution in a country?
- 2025, the resolution is fully implemented. How did you achieve this?